

Mental Health and Substance Abuse Services for Youth in Allegan County

(please contact the listed agency for the most up to date information)

Agency	Services	Criteria for Service	How to Access	Fee
Allegan County Community Mental Health Services 3285 122 nd Ave Allegan, MI 49010	Outpatient therapy, Home-based services, Case management/ Support Coordination, Wraparound, Infant Mental Health, Trauma Focused -CBT psychiatric services, Parent and Peer Supports (services for SED youth) Support Coordination, Respite, OT, Family Support & Training Services (for children with Developmental Disabilities) Prevention Services –Peer Assistant Leadership program, Prime for Life, Suicide Prevention Coalition, Substance Abuse Prevention Coalition	Individuals with Medicaid/MI Child and/or meet criteria for severity.	Call for intake assessment or information 269 673-0202 or 1-888-354-0596 re qualifications www.accmhs.org	Medicaid/MI
Allegan General Outpatient Psychological Medicine 555 Linn St Allegan, MI 49010	Outpatient therapy for youth and families. Psychiatric services also available.	Allegan County residents	269-686-4110 https://www.aghosp.org/services/ahmc-psychological_medicine_clinic.aspx	Insurances, Medicaid
Autism Centers of MI 115 W. Allegan St. Otsego, MI 49078	Assessment, skill building, and behavior reduction. One on one therapy, supervision, and family training.	Individuals who have or may be diagnosed with Autism Spectrum Disorder.	231-668-4909 https://www.autismcentersmi.com/	Please call for eligibility.
Bethany Christian Services Allegan office: 892 Marshall St 49010 Offices located in Grand Rapids, Holland, Allegan, Grand Haven and Kalamazoo	Outpatient mental health, counseling & support groups, bilingual, children & adults, individual & family therapy, specialized trauma treatment for children 3-18 who have been adopted or are in foster care	Anyone requesting services	Allegan (269) 512-6300 Holland: (616) 396-0623 https://www.bethany.org/	Medicaid HMO's and most insurance accepted.
Brain Balance of Kalamazoo 6772 S Westnedge Ave Portage 49002	After school academic achievement learning center.	Ages 4-18	269-532-1332 www.brainbalancecenters.com	Services are not covered by insurance. Credit cards, cash and check

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BRAINS (Behavioral Resources & Institute for Neuro psychological Services) 3292 N Evergreen Dr NE Grand Rapids 49525	Assessment, Counseling, OT, Speech Therapy	Anyone requesting services	616-365-8920 www.brainpotential.com	Most insurances, Credit Card, Cash and check. They are not able to take straight Medicaid or Priority Health Medicaid.
Clearwater Counseling 393 Garden Ave Holland, Michigan	Counseling services are provided to children, families, and individuals in the Holland/Zeeland area.	Please contact for eligibility	(616) 920-0729	Please call for information
Desert Streams Christian Counseling 995 E. Miller Road at 10th Street Plainwell, MI 49080	Individual therapy, substance abuse, Family therapy, Childhood trauma & sexual abuse, Co-dependency, child & adolescent counseling, ADD & ADHD	Anyone requesting services	269-345-0909 www.desertstreams.org KZO office: 2019 Rambling Rd Kalamazoo 49008	Insurance if participate, Cash fee – sliding scale, Credit Card, cash and checks
Developmental Enhancement Behavioral Health	Developmental & Mental Health Applied Behavioral Analysis Consulting, Training & Community Reach Parent-Child Program	Anyone requesting services, accept most insurance companies. Medicaid.	616 499-2218 http://debh.org 854 Washington Ave Suite 600 Holland, MI 49423	Please call for information
El Centro of Bethany Christian Services 12048 James Street Holland MI 49424	Counseling Services (in Spanish and English) for children and/or adults.	Anyone requesting services	(616) 396-0623	Some counseling is available free of charge for Hispanic clients. Free support group weekly for parents/adults. Medicaid HMO's and insurance also accepted.
Gun Lake Tribe Health and Human Services 2872 Mission Drive Shelbyville, MI 49344	Outpatient mental health and substance abuse treatment and prevention programming.	Citizens of Federally Recognized Tribes in Allegan, Barry, Kalamazoo, Kent and Ottawa Counties	(269) 397-1760	Call for information

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<p>Holland Behavioral Health 854 S. Washington Ave. Suite 330 Holland, MI 49423</p> <p>700 Washington Ave, Suite 220 Grand Haven, MI 49417</p>	<p>Outpatient mental health counseling and psychiatric services. Therapists work with children and adolescents and their families to address all types of issues including ADD/ADHD, poor self-esteem, anxiety, depression, anger and social skills.</p>	<p>Serving youth in Allegan.</p>	<p>Call (616) 355-3926</p> <p>https://www.hollandhospital.org/hh/behavioral-health-overview.aspx</p>	<p>Most insurances and MA HMO's. No straight Medicaid.</p>
<p>Ottagan Addiction Recovery (OAR) 483 Century Lane Holland, MI, 49423</p> <p>700 Washington Ave. Suite 220 Grand Haven, MI 49417</p>	<p>Outpatient substance abuse treatment (ages 16 and older in Holland & Grand Haven office)</p> <p>Group Therapy – 18 yrs and older</p> <p>Recovery Family Group – Tuesdays at 5:30 in Holland office</p>	<p>Individuals diagnosed with a substance abuse/addiction disorder</p>	<p>Call (616) 842-6710</p> <p>https://oar-inc.org/</p>	<p>Most insurances (not Blue Cross/Blue Shield) Medicare, Medicaid, sliding scale.</p>
<p>Pathways of Arbor Circle 213 Hubbard St Allegan MI 49010 (Also in Holland and Grand Haven)</p>	<p>Outpatient and Community-based Counseling and supportive services for adolescents and families and adults with substance abuse or co-occurring disorders. Early intervention for youth with risk factors for substance use</p>	<p>Youth and adults with substance abuse or co-occurring disorders, including adolescents at risk for substance use.</p>	<p>Allegan 269 673-1896</p> <p>Outpatient Counseling Center 616-459-7215</p> <p>http://www.arborcircle.org/</p>	<p>Depends on service. Medicaid for SUD and Priority Health accepted. Public funding available for low-income clients with SUD or co-occurring disorder</p>
<p>Pathways Psychological Associates 112 East Chart Plainwell, MI 49080</p>	<p>Outpatient mental health and substance abuse counseling services. Many adult groups offered.</p>	<p>Depends on service requested</p>	<p>(269) 685-6363</p> <p>http://www.pathwayspsychologicalassociates.com/</p>	<p>Medicaid HMO's, private insurance, Credit Cards accepted, cash or check.</p>
<p>Pine Rest Outpatient Clinics 300 68th Street Grand Rapids, MI (also many other locations)</p>	<p>Outpatient, inpatient, psychiatric, partial hospitalization</p>	<p>It depends on the service requested.</p>	<p>Call 1-800-678-5500</p> <p>https://www.pinerest.org/</p>	<p>A wide range of insurances. Best to call insurance provider and/or Pine Rest to confirm there is mental health coverage.</p>

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Plainwell Counseling Center 319 Park Street Plainwell, MI 49080	Outpatient counseling, licensed substance abuse facility, adolescent assessments, holistic approach, Relapse Prevention Support Group	No criteria	269-685-9401 www.plainwellcounselingcenter.com	Medicaid HMO's, most private insurance accepted.
Safe Harbor 402 Trowbridge Allegan, MI 49010	CASA (Court Appointed Special Advocate), Prevention & Education, Children's Advocacy Center (CAC)- On-site forensic interviews of youth victims, counseling services for victims of sexual abuse, severe physical abuse and/or domestic violence, on-site medical services and victim advocacy.	Victims of child abuse and neglect, ages birth to seventeen years.	269-673-3791 http://safeharborcac.org/	None. All services are free to child abuse and neglect victims and their families.
Sensory Systems 145 S. Main St. #4 Wayland, MI 49348	Occupational Therapy for Sensory Processing Disorder, Impulsiveness, Autism Spectrum Disorder, ADD/ADHD, Anxiety, Learning Disorders.	Infant-Adult	269-792-2353 http://sensoryclinicwest.com	Most private insurance, Medicaid
Sollars and Associates 12930 James St.#140 Holland, MI 49424	Psychological Testing and Evaluation Behavior Problem Therapy, ADD/ADHD Therapy, Grief therapy, Adoption Counseling, Alcohol/Drug Addiction Treatment for Adolescents	No criteria	616-322-1954 https://sollarsassociates.com/locations/holland/	Most private insurance, Medicaid
Solutions Counseling Services 329 Water St., Allegan, MI 49010	Mood Disorders, Addiction, Trauma, PTSD	No criteria	269-442-0221	
Sundance Center 6181 122nd Ave. Fennville, MI 49408	Trauma, PTSD, Anxiety, Equine Assisted Psychotherapy	15 years and older	269-466-5984 http://www.sundancecenter.net/	BCBS, Priority Health, Medicaid. Sliding fee available if needed.
Wings of Hope Hospice 530 Linn Street Allegan, Michigan 49010	Grief or loss support, family support High School Teen program	Anyone grieving the loss of someone they love.	Call (269) 686-8659 or (800) 796-2676. https://wingsofhopehospice.com/	None. There is no charge to the individual for any services from Wings. Donations are accepted.

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If you have private insurance, please contact your insurance provider about services or therapist/counselors who may provide services that you can access. This matrix may not include those providers. Most often there is a phone number on the back of your card or a website that will have this information. Or you may call some of these providers listed and ask if they participate with your insurance. Please know that you can request a therapist that is trauma informed.

Rights of Minors Mental Health Code Section 498m

If you are a minor, 14 years of age or older (between 14 and 17), you have the right to ask for, and receive, outpatient mental health services (not including psychotropic medication or pregnancy termination referral services) without the consent or knowledge of your parent or guardian. These services are limited to 12 sessions or 4 months for each request.